

GOOD GRIEF

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Dealing with disappointment and loss...

The _____ way

The _____ way

Exploring the psalms of lament: A lament is an expression of _____ before _____.

Personal _____ *Psalm 6:2,3*

Heartbroken and _____ *Psalm 88:18*

_____ in the world *Psalm 12:1,2*

Poverty and _____ *Psalm 58:1,2*

God feels _____ *Psalm 10:1*

Why lament?

Through grief, we learn to let loose of that which is _____ and lay hold of that which is _____.

An example from Psalm 77

Some practical advice:

-to those who are grieving

-to those who are with someone who is grieving.

A parting encouragement (2 Corinthians 4:16-18)